

Ask with the assistance of your higher self, spirit guides & angels to  
clear and cast out

negative and discordant energies from all past, present and future  
lives, and to  
cast out discarnates and entity attachments to the Creator (Universe,  
God, et al)

It is important that you are asking your higher self and assistance  
with those  
that walk with you so that you (your energy) is not taking on the  
task.

Program your pendulum to rotate counter-clockwise for removal of  
negative  
and clockwise for positive meaning to install positive programming.

When the pendulum stops, ask if you are now cleared to read.  
If you get a yes, then state:

My Father and I are One  
Am I cleared to read?  
State the question that's in your mind  
May I ask this question?  
Can I ask this question?  
Should I ask this question?

With a yes response, begin asking about the question and make sure  
that the question  
is very specific, otherwise some incorrect answers will come.  
If there's a no response, then do additional clearing and also to ask  
why you are  
not to inquire. Perhaps it is not for you to know.

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