

12 Most Common dreams in a...



FALLING – The most common dream of all is a symbol of losing control and fear. Depending on other elements (symbols-people, etc.) can signify loss of respect or status, financial difficulties, failure at work or love life. Perhaps you feel isolated because of your guarded fears, or maybe it is a sign to just let go and live!

FLYING – Freedom and soaring is a good omen knowing your goals in life often like earthly obstacles, are easily overcome. Frequent flying dreams can indicate good fortune and prosperity. If you feel or look like a bird or a human with wings, it's a portend of high creativity, fulfillment and good luck.

CHASE – Often a sign that you are not letting go of elements in your life that are holding you back from your goals. If it's a being or animal (look up type of animal for symbology) that's caught you – there's inner work for you to do. You may escape though, and new directions in your life are coming.

DEATH – Can mean a rebirth or release of worries and recovery for new opportunities. Sometimes if it's a dreadful sense of real death, it could be an actual death of someone close to you especially if you are a sensitive person. Ill and elderly people often get a death dream to prepare them for their passing. Good news if you speak to a dead person.

CELEBRITIES – New offers may be headed your way that are profitable. An excellent omen that a goal may be reached and a sense of well-being.

AUTOMOBILE – Especially an accident, is a warning to pay attention and slow down if the dream is really about a car. If someone else is driving, you may be giving up control to them or if you are driving and enjoying the scenery, you are doing well in 'steering life's path'. Luxurious new car – prosperity with new life plan. Clunker? Are there health or financial issues? Broken down – who do you trust in life?

ANIMALS – **Dogs** (or other domestic animals) usually mean good friends near you, while wild animals can point to troubles, fears or misfortunes—so there's a warning or for us to take a look at the primal side of our makeup. Watch out for **rats**—deception, **insects**—worries (getting 'bugged'), **horses**—power, strength and energy (though wild ones—out of control), **snakes**—"lead us not into temptation", betrayals and enemies (watch to see if someone is being shown to you), **spiders**—usually a sign of good fortune (lots of money), **cats**—the feminine, elegant and mysterious elements of our lives. Friendly is development of intuition, or being attacked—watch out for enemy pretending to be a friend, while screeching is gossip and purring promises happiness. **Birds** are signs of prosperity and happiness headed your way, while large birds are symbols of freedom.

HOUSE – Different aspects of yourself—hence **ROOMS** and **DOORS** may mean opportunities for the new job or the second floor having to do with mental aspect in your life. Look for other components to give clues to the message. Is it a strange new house—future. If it's your home that you own—solid spiritual foundation. How about the bedroom? Is the bed messed up or tidy? Clothes strung about the floor? Perhaps there's discontentment or emotional, stress in your life. Are you seeing a house being built? Unexpected gain, financial security. Selling one? Release from financial responsibility. Demolished? Broken relationship or loss of some type—you'll get over it quicker than you think.

LOST – It's literal. Adrift or something is missing in your life. What's the setting—love, spirituality, career. These are the keys to see a salvation for you. If something precious is lost—what does the object mean to you?

NAKED – Not always sexual. It's exposure to yourself, the outside world of who you really are. Often meaning inadequacy—not prepared for life itself or some event you are worried about. An omen of luck too, so go ahead and buy the lottery ticket!

SEXUAL – Depending on emotional elements like waking up aroused, it's a common and fundamental part of living. If the content is disturbing or arousal more intense than waking, then explore life's realities and foundations over fantasy's. Look too, to your emotional state—are you being realistic and honest with yourself? If there's a sexual experience but not aroused, it's a good sign of happiness or that your love relationship is deepening or about to be renewed. Adultery?

Is it yourself or another—credibility or integrity is being focused. Think about a dream with a faceless lover—do you or are they really care or love the other?

WATER – If it's **calm**—good times ahead or clear sailing (similar to a dream of being on a boat is calm water). **Rough** water—watch out and be cautious about events or actions in your life. **Drowning** is a warning about spiritual examination. **Bathing** can mean a spiritual rebirth or increased love. **Drinking** water—financial security if clear or financial problems if cloudy. **Swimming** is a good sign of current good health and especially naked—successes in life that are headed your way.

FACTS

90% of our dreams are forgotten – blind people dream – often prevent Psychosis – only dream what we know – not everyone dreams in color (a small percentage in black and white) – outside stimuli invade our dreams – some dreams are actually 'traveling' experiences - we can participate in the dream state while 'lucid'.

Truly, dreams are a gateway to the unconscious and super-conscious to cope in our inner and outer worlds. And as divine link to the universal mind as many of the world's inventions, technologies, music, art and greatest literature have come directly through the dream state. There's so much to the dream state—waking or sleeping, that we can spend a lifetime in discovery of our own truths and others.

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